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FYI:

Please check out the school website at:
<http://www.mcclusky.k12.nd.us>

The power school site at:
<https://mcclusky.ps.state.nd.us/public>

Reminders:

**NO SCHOOL
March 1, 2019**

**NO SCHOOL
March 14 and 15**

**Storm Make up
day**

March 18

**We will have
school on this
day**

THE MISSION...

... Of the McClusky Public School and community is to empower all students with the knowledge, skills, and attitudes to meet the challenges of our changing world.

Our vision is...

**WE EXPECT
SUCCESS**

MSN

McClusky School News

Dale Ekstrom-Superintendent
Sarah Beck-Principal
Andrea Lauer-Business Manager

News and Reminders from Administration to Students and Parents:

- **Parents and Students** – High school students will register for classes in mid-March. Students will learn what classes they need for graduation and elective credits during a counseling session with Mrs. Herman and/or Ms. Logsdon, our counselor intern. Registration will be finalized before classes resume in the fall. Please help your child with this process by speaking with them about their choices. Thank you.
- **Parents** – If your child(ren) will be absent please remember to call the office and excuse them as soon as possible. A note can also be sent to your child's teacher. Thanks for your cooperation with this matter.
- **Parents** – Please call before 2 PM or provide a written note for your child to have alternate transportation arrangements. If a written note or phone call is not received, your child will ride his/her normal bus route.
- **Parents and Students** – The end of quarter three is March 13. Work with teachers in regards to grades and make sure you turn assignments in on time.
- **Parents** – Thank you to those parents attending our Muffins with Mom and Donuts with Dads. I hope you are enjoying your time here in the building.
- **Parents, Students, and Teachers** – Our first storm make-up day will be Monday, March 18. Busses and classes will run as normal.

McClusky Acalympic Season Starts

Mrs. Netzloff

Acalympic Season will begin in March. The Senior High Team will attend the Region 2 meet at Rugby on Wednesday, March 6, beginning at 9:30 A.M. On Tuesday, March 19, the Junior High and Senior High Teams will attend the meet in Wing. The Junior High meet is at 4:00 P.M. and the Senior High meet is at 6:30 P.M. Everyone is encouraged to attend and support our teams.

McClusky FFA Attends First Contest

Agronomy Teams First and Second at the North Dakota West River CDE contest.



Senior High Team: Jon Strobel (gold), Baleigh Ripplinger (silver), Jacob Strobel (high individual), and Jeff Laib. Team took first place overall.



The Junior High Team was Jolynne Strobel, Dylan Faul (bronze), Gregory Felchle, and Cole Felchle (silver). The team took second overall.

The Ag Sales participants were: Maria Steichen (silver), Kassidee Logsdon and Michael Wolt were the team that placed 13th.

Sheridan County 4-H Livestock Senior team took second overall with Carson Houser, and Kailtyn Haux judging.

The next contest will be Saturday, March 2nd at Turtle Lake.

Kindergarten

By Mrs. Hinson

We have made it all the way through the alphabet in phonics! We have been learning 1 letter a week since the beginning of school and have practiced 2 letters for the past few weeks. We will start working on long vowel words (go, lake, bike, etc), and on blends until the end of the year (cheese, shark, three, etc).

Our reading series took us to Antarctica this week which was actually warmer than McClusky for a few days this week! We've talked about the animals, plants, and people who live there and have been comparing them to us and our surroundings.

In math, we started working on counting by 5's this week and will continue to practice skip counting. We also are learning about 3d shapes (cylinders, cubes, etc). We will also start using my favorite math manipulative, Tangrams!

We are gearing up for reading month and really encourage all parents and students to read together to strengthen the basic reading foundation! We have a lot of fun activities planned for March!

-Greg Felchle Qualifies for 2019 ND State MATHCOUNTS

Greg Felchle, McClusky 7th grader, placed 5th individually amongst 67 competitors in the McLean County MATHCOUNTS Chapter Competition at Washburn School on Wednesday, February 13th, 2019. The McClusky team consisted of Felchle, 8th grader Parker Jerkovich, 7th graders Dylan Faul and Von Irwin. Faul finished 17th in the competition with 18 points. 8th grader Natalie Whitcomb, 7th grader Jolynne Strobel and Hayden Lauer also competed as individuals in the contest.

Underwood won the team competition, along with Velva will be the two teams representing our region which includes McClean, Bottineau, Wells, Pierce, McHenry, and Sheridan counties. Felchle's 21 points put him in the top 8 individuals from the region (who are not on the 2 teams) to qualify for the ND State MATHCOUNTS Competition at Ramkota Hotel in Bismarck on Monday, April 1st.

Kevin Brunelle of Underwood was the County and Region top scorer with 27 points.



Back Left to Right: Parker Jerkovich, Jolynne Strobel, Dylan Faul, Hayden Lauer.

Front Left to Right: Natalie Whitcomb, Von Irwin, Greg Felchle

Update from the Counselor

By Connie Herman K-12 counselor

On Feb. 12 our 4th and 8th graders took the NAEP (National Assessment of Educational Progress) tests in English/ language arts and mathematics. The tests are administered by people outside of our district. When they were done the testers remarked on the positive attitude our students displayed and what hard workers they were. Always nice to hear good things about our kids!

From now until the end of the year a big responsibility of a school counselor is administering standardized tests. Although it may not be a favorite task, it is an important one. The following gives you an idea of when your student will be testing:

Tuesday, March 12 - ACT - Juniors

March 18 - April 8 - North Dakota State Assessment - Grades 3-8 & 10

April 15 - May 6 - Measures of Academic Proficiency (MAP) - Grades K-11

WorkKeys - Date TBD - Seniors - this will give our Seniors another chance to qualify for the North Dakota State Scholarship

Keep in mind that how your student does on a test is just a slice of who they are. As teachers a test can give us good information to help us organize and deliver our instruction but we know there are other qualities your child has that are equally important. These include their attitude, perseverance, kindness and compassion as well as many others.

PEP TALK

By Lauri Logsdon

The Valentine's day fundraiser that the pep club hosted was a huge success. Thank you to everyone who placed an order. Also, thank you to the pep club members for filling the orders and delivering to the kids. If you have any ideas of what you would like to see next year, just visit with a pep club member.

Spring sports are just around the corner. Track is scheduled to start on March 11th in Underwood. Softball and baseball will be starting on March 18th. I have not heard when golf will be starting but it should be around the middle of March as well.

COUNSELING CORNER

By Lauri Logsdon

REMINDER TO ALL JUNIOR PARENTS: Please share the following website with our child getting ready to take the ACT in March: Act.org

In Ms. Logsdon's PACE lessons, we have been talking a lot about keeping kids safe from harm. You have probably been hearing a lot about vaping and how kids in middle school are even starting to vape. One of my upcoming lessons will be about vaping. Here is some information to share with your children about vaping at home. If our students hear what studies are saying from you too, then maybe they will never try it.

- In the past year alone, vaping among high schoolers has increased 78%. How much do you know about the epidemic? E-cigarettes, also known as "vapes," are becoming increasingly popular among teens. In fact, they are the most commonly used tobacco product among both middle and high school students. We have not had any instances of vaping in our school, but it is important to know that certain types of vapes can be used very discreetly. **TEENS AT OTHER SCHOOLS REPORT USING E-CIGARETTES IN SCHOOL BATHROOMS AND EVEN IN THE CLASSROOM.** Learning more about the different types of e-cigarette products is an important first step in addressing youth vaping. **DID YOU KNOW:** E-cigarettes come in a variety of shapes and sizes and may not look like a tobacco product, which can make them hard to spot. Some devices popular among teens—like JUUL and myblu—are as small as a USB flash drive and even look like one. Certain products emit very low amounts of aerosol or "vapor," which makes them easier to use discreetly than combustible cigarettes. Most e-cigarettes contain nicotine, the same highly addictive drug in cigarettes. Some e-cigarettes may contain as much nicotine as a pack of 20 regular cigarettes. Over 10.7 million youth aged 12–17 are at-risk for using e-cigarettes. Many teens have dangerous misperceptions that lead them to believe that vaping is harmless.

MYTHS AND FACTS:

- "It's just water vapor." It is not!! Vaping can expose the user's lungs to harmful chemicals like formaldehyde, diacetyl and acrolein, as well as toxic metal particles like nickel, tin and lead.
- "It's just flavoring." Vapes get their flavors from chemicals. While these flavorings are safe to eat in food, they're not safe to inhale. Inhaling flavor chemicals can harm your lungs.
- Want an example? Some buttery-flavored vapes like caramel contain diacetyl and acetoin. Inhaling diacetyl has been linked to popcorn lung, a lung disease that doesn't have a cure.
- "I don't have an addictive personality—I won't get hooked on vapes." Vaping delivers nicotine to the brain in as little as 10 seconds. A teen's brain is still developing, making it more vulnerable to nicotine addiction.
- "My vape says it's nicotine-free. There's no way I'll become addicted." Some vapes that claim they are nicotine-free are not.
- "Nicotine isn't that bad for me." Nicotine exposure during the teen years can disrupt normal brain development. It can have long-lasting effects, like increased impulsivity and mood disorders.
- "Just because I vape doesn't mean I'm going to smoke cigarettes." Research shows teens who vape are more likely to try smoking cigarettes.