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# HEALTH & SAFETY SMART RESTART PLAN

McClusky and Goodrich School Board Approved  
UPDATED: Wednesday, December 9, 2020

Dear McClusky and Goodrich School Families,

First, McClusky and Goodrich School Districts would like to thank all parents, students, staff, teachers, and community members who have helped us succeed the last few months during this pandemic. The 2019-2020 school year ended like no other year. The year was challenging but taught us we can do anything! McClusky and Goodrich Districts are very proud of students and their perseverance throughout the closure and distance learning module.

The challenge now is planning for what school will look like during the 2020-2021 school year. This is a daunting task as we all realize how the impact and response to COVID-19 has changed rapidly over the past months. This plan will address these challenges, while providing a flexible framework to guide our response over the next school year. Please note, this plan is a working document and may change throughout the school year.

For academic, social-emotional, and economic reasons, we will return to an in-person instruction and teaching model. Yet, we cannot disregard the health and safety concerns associated with the virus. The district will consider all practical steps to keep our schools from spreading the virus in our schools and community.

This plan presents hours of critical thinking, research, modeling, and work by our educators, staff, parents, community members, and school board. This group reviewed input gathered from our employees and parents.

We realize reviewing this plan may not address every question you have. We recognize some concepts and actions may be polarizing and there are strong opinions about what the school

should or should not do. However, we must remain open to what is possible and consider all options so we can move forward and educate our children.

Thank you for your time reviewing this plan. We encourage everyone to ask questions and communicate their concerns. Together, McClusky and Goodrich schools will provide quality education to our children in a safe manner when critically thinking to solve problems.

Respectfully,

McClusky School District

Heidi Strobel  
School Board President

Dale Ekstrom  
Superintendent

Sarah Beck  
K-12 Principal

Goodrich School District

Misty Galvin  
School Board President

Dale Ekstrom  
Superintendent

Rodney Scherbenske  
K-12 Principal

## Assumptions & Assurances

### McClusky and Goodrich Schools Believe

- Every student should have the opportunity to engage in learning, regardless of the spread of COVID-19 in the school, community, county, and state.
- Schools have a vital role in providing safe environments for students, focusing physical health.
- By working together with educators, staff, health care professionals, parents, students, and community members we can solve most challenges.
- Our district will make decisions based on the most current guidance from local, state, and national health care officials including First District Health, North Dakota Department of Health, and the Center for Disease Control and Prevention (CDC).
- McClusky and Goodrich School Boards will ensure our plan meets the needs of our students, educators, staff, and community.

### Mission Statements

- [McClusky](#) – Empower all students to think critically given the knowledge, skills, motivation, and respectful attitudes necessary to meet the challenges of a changing world.
- [Goodrich](#) – Striving for excellence today to prepare students to succeed in a challenging world tomorrow.

## Covid-19 Response, Planning, and Coordinator Team

The McClusky and Goodrich Schools Return to Learning Plan was crafted and reviewed by a team consisting of the following:

- Dale Ekstrom – McClusky and Goodrich Superintendent
- Rodney Scherbenske – Goodrich Principal
- Sarah Beck – McClusky Principal
- Misty Galvin – Goodrich School Board President and McClusky Counselor
- Laura Monson – Goodrich K/1/2/3 Teacher
- Julie Bender – Goodrich 4/5/6 Grade Teacher
- Laura Lieberman – Goodrich School Board Member and McClusky Secretary
- Roberta Hunt – McClusky School Board Member
- Roberta Netzloff – McClusky 5/6 Grade Teacher
- Rochelle Schneider – McClusky 1/2 Grade Teacher
- Lucas Senske – McClusky Social Studies Teacher
- Brenda Schaefer – McClusky English Teacher
- Trent Naser – McClusky Parent and local Sheriff
- Kristi Jensen – McClusky Parent and Health Official
- Kayla Abrahamson – McClusky Parent and Health Official
- Heidi Strobel – McClusky School Board Member and Parent
- Jerry Kitto – McClusky Grandparent and Community Member
- Rick and Tina Tripp – McClusky Custodians

This team has and will develop and monitor the district return to learning plan. This structure identifies leaders and guiding team members who will serve as a voice in how the district responds to COVID-19 during the school year. This plan is designed to address the issues of reopening as well as provide a nimble and responsive process to address issues of reopening as well as address issues that may not be recognized today.

Information was gathered by various means to allow for a wide range of input, while practicing social distancing for health and safety.

### COVID-19 Building Level Coordinators

Each school building will have an identified COVID-19 Coordinator who will be responsible for the health and safety preparedness and response planning. Coordinators will make themselves available to the NDDOH 24 hours a day / 7 days a week to respond to phone calls from public health. This position will assist public health in identifying and notifying close contacts in the school setting. The coordinator will be report cases of COVID-19, found in the school setting, to health officials and the State Superintendent's office.



*The principal* will assume the role of building level coordinator in each respective building (McClusky and Goodrich). If the coordinator is unable to be reached the secondary contact will be McClusky School District's secretary.

# Phases

The following phases will be used to define the community risk level associated with COVID-19. These phases align with the color-coded guidance in the ND Smart Restart Plan. Each level is reported to schools by the NDDOH after rigorous testing and assessment of cases in the community.

## [ND Smart Restart Plan](#)

### Yellow

Heightened exposure risk.  
Transmission is controlled.

### Blue/Green

New normal. Maintain  
standard precautions.

### Orange/Red

Significant transmission  
and high risk of exposure.



## ND K12 Smart Restart Frequently Asked Questions

Who determines the color of our state?

- The Governor in consultation with the North Dakota Department of Health (NDDOH) will make the determination if and when the state may change colors.

How do I know the color of my county?

- North Dakota's K12 Smart Restart will follow what is identified at the state level. If the state adjusts from a statewide color to a county color, communication will occur among the NDDOH, NDDPI, and the Governor's office and local public health units. The NDDOH and local public health units will provide updated information to school districts if this occurs.

Can my school district choose to implement more stringent health and safety protocols?

- Absolutely, school districts may choose to implement specific mitigation protocols more stringent than what is included in the current color risk level.

# Instructional Models

The instructional models used by the districts will be guided, in part, by the risk level of COVID-19 in the community as defined within the phases above. This is a guide as instructional models could be altered based on other factors, such as occupancy levels, age of children, and abilities to move certain classes online.



## Traditional In-Person Learning

All instruction is delivered in-person with health and safety measures. Teachers and students maintain a normal daily schedule. Safety precautions are implemented to enhance staff and student safety.

In-person learning offers the richest learning experiences to develop the whole child and is the preferred learning option for most students and families.

- **Students** attend class each day. In the event of a health concern, short-term flexible learning options are available for students to learn from home.
- **Teachers** provide learning opportunities which ensure students experience the full depth and breadth of the North Dakota State Standards. Essential, important and supporting skills are taught with a variety of evidence-based practices. Teachers and specialists also provide robust intervention and enrichment supports.
- **Parents and/or guardians** are responsible to regularly check in on their students' progress and support as needed.
- **Social interactions** are structured to enhance learning experiences while keeping students safe and healthy.



## Short-Term Flexible Learning (Hybrid)

This temporary learning solution is for students who are attending in-person but due to Covid-19 health-related concerns, find it necessary to learn remotely for five to fifteen consecutive school days.

- **Students** work from home on essential skill assignments in all scheduled courses provided digitally and/or paper based by the classroom teacher.
- **Teachers** provide online and/or paper-based learning experiences focused on essential skills and include some teacher-student interaction and communication.
- **Parents and/or guardians** support students' learning with the expectation they will return to in-person learning as soon as possible.



### **Long-Term Flexible Learning (Distance) – Parent Choice**

All instruction is provided off-campus through North Dakota Center for Distance Education (NDCDE).

Long-term flexible learning may be a quarter-by-quarter or semester-by-semester solution for students who choose online learning for at least one quarter (elementary grades PK-6) or semester (high school grades 7-12). Families determine whether they will continue with long-term flexible learning for the next quarter or semester or return to in-person learning. Families will notify the school of their decision a week prior to the new semester or quarter.

- **Elementary students (grades PK-6)** work from home on essential skill assignments in all scheduled courses provided digitally through Microsoft Teams and various online learning resources. Students work at the teacher-led classroom pace complying with all established due dates with some flexibility on when they learn the content.
- **High school students (grades 7-12)** work from home on essential skill assignments in all scheduled courses provided digitally through NDCDE. Students will have a minimum of six classes and will work with McClusky NDCDE’s supervisor, counselor, and the building principal to ensure progress, pacing, and graduation requirements. When long-term flexible learning is selected, these students will continue their enrollment within this program through the entire semester.
- **Parents and/or guardians** will be responsible to support and enrich the curriculum.



### **Distance Learning per a Grade Level or Building Closure**

All instruction is provided off-campus through the use of Microsoft Teams, a distance learning platform.

All students will be issued a laptop. Students grades K-4 will follow a staggered schedule with individual classroom teachers. Students grades 5-6 will follow the normal classroom teachers schedule. Students grades 7-12 will follow the normal daily schedule, as if they were attending in person.

- **Students** attend class Monday through Thursday with a flex day Friday. Flex days will include specials such as counseling, speech, FFA meetings, PE, etc. Flex days can be used to meet individually with students/teachers for make-up (absences) and one-on-one for individualized instruction.
- **Teachers** provide face-to-face and online learning experiences focused on essential skills taught with a variety of evidence-based practices. Teachers and specialists also provide robust intervention and enrichment supports.
- **Parents and/or guardians** are responsible to regularly check in on their students’ progress and support as needed.

# Health and Safety Guidance

The district strives to provide a healthy and safe environment for all who occupy our schools. The following guidelines are intended to provide a framework for the district's response to COVID-19.

## Resources

ND Department of Public Instruction – NDDPI

<https://www.nd.gov/dpi/parentscommunity/nddpi-updates-and-guidance-covid-19>

ND Department of Health – NDDOH

<https://www.health.nd.gov/diseases-conditions/coronavirus>

[Covid-19 School Attendance Guidance](#)

[Covid-19 Recommendations for Schools](#)

[Fact Sheet for People Who are Close Contacts](#)

Center for Disease Control and Prevention – CDC

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

## Best Intentions

Despite taking every reasonable precaution, there is no guarantee our schools will be without risk as it relates to COVID-19. The virus will be present on our buses, in our classrooms, and at our activities. In certain situations, social distancing is not possible in a school setting. Our actions, as outlined in this plan, will not prevent any student, faculty, and/or staff member from being in contact with the virus.

## Communication

Communication is important to a school district under any circumstances, and especially during the Covid-19 pandemic. In addition to communicating with stakeholders, we communicate with First District Health and other agencies and officials who provide guidance to us in this plan. To communicate with our stakeholders, we will use these tools:

- PowerSchool Alerts including phone calls, voicemails, text messages, and emails
- McClusky and Goodrich websites and Facebook Pages
- Newsletter
- Email
- Phone calls
- Teacher websites and digital platforms such as Microsoft Teams and Zoom

## Definitions:

**Close Contact** – within six feet of another person for 15 minutes or more with or without a mask

**Physical Distancing** – physical proximity must be more than six feet apart where able

**Face Coverings Required When and Where Able to Wear** – all students will be required to wear masks/face coverings unless possessing a respiratory issue, asthma, and/or autism with sensory issues, and severe anxiety (doctor’s note required)

**Isolation** – for people who are already sick from the virus; a prevention strategy used to separate people who are sick with the virus from healthy people

**Quarantine** – for people who are not sick but have been exposed to the virus; a prevention strategy used to monitor people who were exposed

- McClusky and Goodrich Schools will follow isolation and quarantine guidelines and directives as set by NDDOH and the local health unit
  - NDDOH may close a school or district at their discretion

**PPE** – personal protective equipment including masks, face shields, gloves, hand sanitizer, etc. used to decrease the virus and spread of germs

## Student & Staff Health and Safety Protocols

Monitoring the health of students and staff will be an important component of a safe and healthy educational environment. McClusky and Goodrich Schools will take the following measures to ensure all students and staff are healthy while at school.

### *Personal Protective Equipment – Face Coverings*

- All Phases (Green, Yellow)
  - All transportation riders, students and drivers included, are **required** to wear a face covering while riding in a school bus (route) or school vehicle to school or any school sanctioned FFA competition, NDHSAA sporting event or practice, etc.
    - See Student Parent Handbook for more bus rules and procedures
- Green Phase
  - All students, faculty, and staff are **encouraged and recommended** to wear face coverings in school buildings, and during transition periods between classes (HS)/subjects (ELEM)
- Yellow Phase
  - All students, faculty, and staff are **required** to wear face coverings, where and when able, in school buildings, on the bus, and during transition periods between classes (HS)/subjects (ELEM)
    - Faculty and staff may remove face coverings during time they are not in close contact with others and/or students
    - Students will be provided breaks and allowed to remove their face covering when outside or in space that can accommodate social distancing

### *Lunch Procedures*

- Kitchen staff will wear face coverings when serving food/in contact with students
- Kitchen staff will wash, clean, and sanitize all equipment daily including tables, chairs, utensils, food trays, cups, and all equipment used to prepare food
- A staff member will enter all lunch numbers for both high school and elementary students
- Students will be asked to wash hands before and after lunch
- Hand sanitizer is provided in the lunchroom
- Students may be assigned seats in the lunchroom
- Elementary and high school lunch will be staggered to reduce contact with others
- Lunch will be provided like normal with some safety precautions
  - Refer to Restart Quick Reference Guide for more information (below)
- High school students may enter and exit the cafeteria using the side door – do not use the main entrance into the elementary – to reduce contact

### *Visitors*

- Delivery personnel may drop package(s) off and immediately exit building
  - If in the building, delivering a larger order, delivery personnel must wear a mask
- Parents/guardians/grandparents should drop off and pick up children outside the building to practice social distancing, reduce congregating in the building, and reduce the spread of germs, etc.
- Facility maintenance personnel must sign in/out at the office first before entering the building
- All visitors must wear a mask/face covering if in the building more than fifteen (15) minutes; masks will be provided if the visitor does not possess one

### *Other Safety Measures*

- Desks will be spaced as far apart as possible – social distancing
- Faculty and staff meeting attendance can be virtual or in-person practicing social distancing and face coverings recommended
- Secretary will keep office door closed and conduct business through open window to reduce contact with students and visitors
- When weather permits, outdoor classes and meetings are optional
- Faculty and staff will limit sharing of materials among students
- Wash your hands often and avoid close contact
- Cover coughs and sneezes and do not share materials

### *Identifying Students & Staff at Higher Risk*

- Students temperatures will be taken daily to ensure they are not sick
  - Students riding a bus will have their temperature taken before sitting down
  - Non bus route students will have their temperature taken before entering the elementary and/or high school building
    - If a student has a temperature of 100 degrees or greater, they will be asked to exit the bus and/or go home before school starts
- Faculty and staff members will take their temperature before work
  - If a faculty or staff member has a temperature of 100 degrees or greater, they will stay home for the day
- Faculty and staff will take a students' temperature when they seem/look/act ill during the school day
  - If a student has a temperature of 100 degrees or greater, they will be escorted to the isolation room until a parent/guardian can pick them up
- When the NDDOH or local health department informs the district of a student or staff member who tested positive for COVID-19, information will be passed on to the building level coordinator (principal) as allowable within district policy and law

### *Protocols When a Student or Staff Member Becomes Sick at School*

- Student
  - The child will be escorted by an adult to the isolation room
    - HS – empty science classroom
    - ELEM – computer lab
  - The child may wear a mask/face covering
  - Parent/guardian will be contacted immediately to pick up their child
- Faculty and/or Staff
  - Inform your supervisor immediately and wear a mask/face covering until they can be replaced if supervising students at that time
  - Leave the school building/grounds and consult with a health care professional

### *Return to School*

- Students and staff members may return to school when temperature reads normal 98.6 degrees and/or fever has subsided without the use of fever reducers such as Tylenol, Ibuprofen, etc.
  - See Health Services Recommendations in the Student Parent Handbook for more information
- When a student or staff member has been isolated or quarantined, due to Covid-19, as directed by NDDOH or the local health unit, they will be allowed to return to school after being cleared by the NDDOH by providing a written doctor's note and/or verbal clearance by said health care professional

## Grade Level & School Building Level Closure

This is intended as guidance for COVID-19 Coordinators and school leaders on when to close classrooms, grades, and buildings.

- If a grade level and/or school is closed for any length of time, the district will determine which mode of instruction will resume
- First District Health Unit will be consulted for local decision-making
- NDDOH and/or the Governor's office may close a school or district at their discretion
- McClusky and Goodrich Public Schools will communicate with one another about possible grade and school building closures on a case-by-case basis

### *Addendums*

- McClusky and Goodrich Restart Quick Reference Guide
- Daily Health Checklist – Parents ask Students Survey Questions
- Covid-19 – What's the difference between physical distancing, quarantine, and isolation?
- Protect Yourself and Others
- [NDHSAA Return to Competition Guidelines](#)
- [Fall 2020 Music Guidance](#)

**MCCLUSKY AND GOODRICH RESTART  
QUICK REFERENCE GUIDE**

<b>Risk/ Activity</b>	<b>New Normal</b>	<b>Low</b>	<b>Moderate</b>	<b>High</b>	<b>Critical</b>
<b>School</b>	School as normal with additional safety routines	Mostly in person; high health risk, family choice, or quarantine individuals learning remotely	Mostly in person; high health risk, family choice, or quarantine individuals learning remotely	In-person, cohorts, or groups may be allowed and/or remote learning	In-person, cohorts, or groups may be allowed and/or remote learning
<b>Activities</b>	Activities as normal with additional safety routines	Practices and competitions with extra precautions	Targeted competitions/ Meetings	Limited - Practices and small group workouts/ meetings	No Activities
<b>Food Service</b>	Lunch as normal	Normal lunch routine with precautions; sack or to go lunch available for pickup	In school and sack lunch available for pickup; Socially distant lunch breaks	Limit contact; sack lunch available for pickup	Additional precautions
<b>Cleaning</b>	Normal cleaning routine with additional disinfection procedures	Routine cleaning with extra disinfection of high touch/use areas	Routine cleaning with extra disinfection of high touch/use areas	Clean x2 where people are using the building	Minimal: building empty

**\*\*\*McClusky and Goodrich Schools will use local discretion in cooperation with health care units to identify instructional delivery method and inform stakeholders.**

A collection of green virus-like icons with spikes and dots, scattered around the title.

# BEFORE SCHOOL!

Parents are asked to review this daily health checklist by answering these questions before sending their child to school.  
(Parents do not need to send the questionnaire to school)

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Has your child had close contact with a confirmed case of COVID-19 in the past 14 days?  
Yes \_\_\_ No \_\_\_

Does your child have a new or worsening shortness of breath?  
Yes \_\_\_ No \_\_\_

Does your child have new or worsening cough?  
Yes \_\_\_ No \_\_\_

Does your child have a fever of 100.4 or greater?  
Yes \_\_\_ No \_\_\_

Does your child have chills?  
Yes \_\_\_ No \_\_\_

Does your child have a sore throat?  
Yes \_\_\_ No \_\_\_

Does your child have a new loss of taste or smell?  
Yes \_\_\_ No \_\_\_



If **YES** to any of the questions **STOP!**

Do not send your child to school. Contact your healthcare provider. Contact your child's school to inform them of your child's absence. Must have a doctor's note to return to school.



If you are able to answer **NO** to all questions, go to school.

## COVID-19: What's the Difference Between Physical Distancing, Quarantine and Isolation?

	<b>PHYSICAL DISTANCING</b>	<b>QUARANTINE</b>	<b>ISOLATION</b>
<b>Who is it for?</b>	People who haven't been exposed to the virus or are not aware of exposure to the virus.	People who don't currently have symptoms of the virus but were exposed to the virus.	People who are already sick from the virus.
<b>What is it?</b>	A precautionary measure used to help prevent the spread of the virus.	A prevention strategy used to monitor people who were exposed to the virus for a period of time to see if they become ill.	A prevention strategy used to separate people who are sick with the virus from healthy people.
<b>Where does it take place?</b>	Takes place outside the home in public places like grocery stores and work environments.	Takes place in a home setting.	Can take place in a home when medical attention is not required. Takes place in a hospital when medical care is required.
<b>When do I use it?</b>	At all times until further directed by the ND Department of Health.	If you have recently traveled internationally or have known exposure to the virus.	If you have tested positive or have symptoms and have not yet obtained a test.
<b>How long is it for?</b>	At all times until further directed by the ND Department of Health.	14 days after your last exposure. Once your quarantine period has ended, if you do not have symptoms, you may return to your normal routine.	A minimum of 10 days from the beginning of symptoms and 72 hours after your fever is gone without the use of fever-reducing medicine and other symptoms have significantly improved.
<b>What does this mean for my daily life?</b>	<ul style="list-style-type: none"> <li>• Avoid large gatherings.</li> <li>• Stay 6-feet away from people.</li> <li>• If you are unable to stay 6-feet away from other people, wear a cloth face covering.</li> <li>• Call or video-chat with friends or loved ones, particularly those that are elderly or have underlying health conditions that places them at high-risk.</li> <li>• If possible, work from home.</li> <li>• Practice good hygiene and avoid shaking hands or touching your face.</li> <li>• If you become ill and need medical attention, call your health care provider.</li> </ul>	<ul style="list-style-type: none"> <li>• Stay at home and avoid close contact with others.</li> <li>• Do not attend school, work or any other setting where you cannot maintain a 6-foot distance from other people.</li> <li>• Call or video-chat loved ones.</li> <li>• For food, medication and other necessities, obtain through friends or family, or use a contactless delivery service.</li> <li>• Practice standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often.</li> <li>• Monitor your symptoms. If you become ill and need medical attention, call your health care provider.</li> </ul>	<ul style="list-style-type: none"> <li>• Do not leave your home unless it is in an emergency. If you are in a home with others, stay in a "sick" room by yourself and, if possible, do not share a bathroom.</li> <li>• If you have a pet and live with others, do not touch your pet.</li> <li>• For food, medication and other necessities, obtain through friends or family, or use a contactless delivery service. Try to stock up for the duration of the isolation.</li> <li>• Practice standard hygiene and precautionary measures like not sharing household items, washing your hands, and cleaning frequently touched surfaces often.</li> <li>• If a caregiver cleans your room or bathroom, they should wear a mask and wait as long as possible after you've used the bathroom.</li> <li>• Contact your health care provider immediately if you experience severe symptoms.</li> </ul>

## Protect Yourself and Others

### *Wash your hands often*



- Wash with soap and water for at least 20 seconds especially after blowing your nose, coughing, or sneezing
- If soap and water are not available, use hand sanitizer that contains at least 60% alcohol
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Students are encouraged to wash their hands often throughout the day

### *Avoid close contact*



- Keep social distance from others especially important for people who are at a higher risk of getting sick
- Alternate or modified schedules, adjustments to use of common areas, use of outdoor spaces and other actions that increase physical separation may be considered
- The sharing of instructional materials should be limited as much as possible
- Physical separation on busing, one student per seat, will be recommended but cannot be guaranteed

### *Cover coughs and sneezes*



- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow
- Throw tissues away and wash hands or use hand sanitizer to prevent spread

### *Clean and disinfect*



- School staff should clean and disinfect frequently touched surfaces daily
- Shared materials (not recommended) should be cleaned
- Classrooms will be cleaned nightly by custodial staff

### *Cover your mouth and nose with a cloth face cover when around others*



- The wearing of masks will be applied in phases based on the phases within the [ND Smart Restart Guidance](#)
- Educators need to teach students how to properly wear a face covering so they are prepared to use them on school buses or other situations in close proximity with others
  - Resources from NDDPI will be provided to teachers