

STAFF WELLNESS PROGRAMS

NOTE: We recommend that this language be contained in the district wellness plan—not a separate policy.

As part of the commitment to provide a healthy atmosphere conducive to learning, the Board will support a wellness program for staff members. Participation will be voluntary but encouraged. The goal of the wellness program will be reduced absenteeism, staff awareness of health and healthy lifestyles, and increased productivity.

The Superintendent shall appoint a wellness task force to plan and implement the wellness program. This task force shall:

1. Conduct an organizational assessment of the staff's current health habits and the school system's health norms.
2. Create a wellness action plan that includes the steps necessary to create a healthy environment, a comprehensive health curriculum, and a wellness program for the staff. The wellness action plan shall be costed and brought to the Board for approval.
3. Identify staff wellness program components.
4. Disseminate information concerning the wellness action plan.
5. Implement the staff wellness program.

The task force may comprise or include a team to attend an annual health promotion conference at district expense.

End of McClusky School District #19 Policy DGC.....Adopted: February 13, 2018